



# SHELBYVILLE AND BEDFORD COUNTY RESOURCE GUIDE

2025-2026



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Vaccinations remain the safest strategy for avoiding long-term health outcomes associated with many serious illnesses. “Take Your Best Shot” and get yourself and your children vaccinated per the CDC recommendations.



## EMERGENCY CONTACTS



### **Centerstone 24-hour Crisis Hotline**

**1-800-681-7444**

Available 24/7 to help with mental health crisis situations, suicidal thoughts, and more  
604 Wall St Shelbyville, TN 37160

### **Contact Lifeline**

**1-800-681-7444**

24-hour crisis hotline for problems with suicide, depression, referrals to other agencies

### **Statewide Human Trafficking Hotline**

**1-855-558-6484**

**If you suspect a situation with human trafficking.**

### **National Human Trafficking Hotline**

**1-888-373-7888**

### **TN Poison Center Hotline**

**1-800-222-1222**

Statewide poison emergency information and resources.

### **National Drug Helpline**

**1-888-633-3239**

Offers 24/7 drug and alcohol help to those struggling with addiction. They provide information regarding treatment and recovery. [drughelpline.org](http://drughelpline.org)

### **National Suicide Prevention Lifeline**

**988**

**The resources and information for suicide prevention and mental health crisis.**

### **National Suicide and Crisis Lifeline for Veterans**

**Dial '988' and press '1'**

To connect directly with the Veterans Crisis Lifeline which serves our nation's Veterans, service, members, National Guard and Reserve members, and those who support them.

### **Nationwide Runaway Hotline**

**1- (800) 786-2929**

### **Haven of Hope- Domestic Abuse Hotline**

**1-800-435-7739**

24-hour crisis hotline for victims of domestic abuse or violence.

### **24-hour Alcoholics Anonymous Hotline**

**(English)1-510-839-8900**

**(Spanish) 510-502-8560**

Talk to another recovering alcoholic to get help to stop drinking and connect to support.

### **Information and Referral Services**

**211**

Provides information for community services, health and disaster information, childcare, senior services, counseling, food, shelter, job services and more in Tennessee. 211.org

### **Shelbyville Police Department**

**\*\*\*Call 911 if life-threatening emergency\*\*\***

For **non-life-threatening issues-**

**931-684-3232**

### **Vanderbilt Bedford Hospital**

2835 US-231

Shelbyville, TN. 37160

**931-685-5433**

# BEDFORD COUNTY COMMUNITY RESOURCES

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## Adult Education Resources

- **Adult Learning Center**—Adult Education Resources, GED, Higher Education opportunities.  
326 East Depot St., Shelbyville, TN 931-684-8635
- **Middle TN Education Center**—providing postsecondary courses for students and adults. TCAT technology department located at this location.  
200 Dover St., Suite J., Shelbyville, TN 931-685-4444
- **Tennessee Vocational Rehabilitation**—Career connection training for special needs adults and high school students.  
200 Dover St. Suite 104, Shelbyville, TN 37160  
Phone: 931-685-5129 or 1-833-772-8347
- **Drive to 55**—Tennessee program to provide FREE postsecondary education of adults at two-year community colleges (Motlow) and TCAT facilities. Contact information: [email: alliance@driveto55.org](mailto:alliance@driveto55.org) website: Driveto55.org
- **Shelbyville Tennessee of Applied Technology-TCAT**—  
1405 Madison St. - Current Address/New Address in 2025-  
231 US Highway, Shelbyville, TN 37160. 931-685-5013.  
  
Programs include a variety of healthcare and technical programs—HVAC, Industrial Electricity, Farming Technology, Licensed Practical Nursing, Truck Driving, Drafting, etc.  
  
**Motlow State Community College**— MSCC offers certificates, associate degrees, and flexible learning paths toward a variety of bachelor’s degrees and industry-training programs that lead to high wage and high demand careers. Moore County location, 6015 Ledford Mill Road, Tullahoma, TN 37388. Phone number: Moore County Campus: 931-393-1500 Main Line: 1-800-654-4877

- **Workforce Innovation and Opportunity Act**—An applicant must need training services to re-enter the labor force; live in TN for one year, not already hold an associate or bachelor’s degree, and independent student on the FAFSA.  
301 Colloredo Blvd., Shelbyville, TN Phone: 931-735-6891

**BLESSING BOXES-** Service that provides wooden boxes filled with food, beverages, toiletries, etc. that has been donated by various members of the community.

**Bell Buckle:**

Green Hill Presbyterian Church  
1900 Unionville Deason Road

**Normandy:**

Front St. (on the square)

**Anderton Farms**

1995 Unionville-Deason Rd

**North Folk Baptist Church**

1641 Unionville-Deason Rd

**Shelbyville:**

Bird St. Church of Christ  
428 Bird Street

Cannon United Methodist  
1001 S. Cannon Blvd.

Castle Ministries (left side building)  
206 Madison St.

Eastside Elementary School  
421 Elliott Street

Himesville Church of Nazarene  
1614 Highway 82 S.

Iglesia Su Grant Alabanza  
1222 W. Jackson St

Mama’s House Thrift Shop  
803 East Lane Street

Mt. Zion Baptist Church  
808 Woodbury Street

New Bethel Baptist Church  
1832 Hwy 64 W.

Scott United Methodist  
940 Morton St.

Sevier Street First Baptist Church  
921 Sevier Street

Storage Sense  
2210 N. Main St.

Southside Church of Christ  
108 Narrows Road

Thomas Magnet School  
515 Tate Avenue

Victory Baptist Church  
2200 North Main St

Whosoever Will Pentecostal Church  
219 E. Cedar St

**Unionville:**

Living Water Church  
3383 HWY 41 - A North

**Wartrace:**

Downtown Wartrace  
at the Gazebo

Cascade Middle School  
1165 Bell Buckle  
Wartrace Road

**FOOD/CLOTHING, BASIC NEEDS, FAMILY SERVICES**

- **Attic Outlet-** Provides basic needs including food, clothing, and financial assistance for utilities, rent or shelter, and gas for transportation to doctor appointments for residents of Bedford, Coffee, Franklin, and Moore counties.

NOTE: Organization does not pay 100% of the bill, and clients can only receive help once every 3 months.

Community Care Ministries & Food Pantry Hours: Mon - Fri 9:00 am - 12:30 pm

Walk in during food pantry hours or call for appointment for assistance with utility, rent, transportation or gas.

**Eligibility:** Low-income residents of Bedford, Coffee, Franklin, and Moore counties.

- **Bedford Builds Habitat for Humanity**—Habitat for Humanity is a nonprofit organization that helps families build and improve places called home.  
210 S. Main St./ P.O. Box 122                      Phone: 931-684-4300
- **Bedford Listening Project**—Program to assist with substandard housing in Bedford County.  
Phone: 931-492-9792
- **Bell Buckle Methodist Church**—Free meals served every Wednesday at 6:00 pm.  
110 Maple Street                                      Phone: 931-389-6021
- **Bird Street Church of Christ**—provides food assistance for Thanksgiving and Christmas Holidays. Yearly school backpack program for school aged children. 428 Bird St., Shelbyville, TN                                      Phone: 931-684-3876
- **Catholic Charities Family Resource Center of Coffee County**—Catholic Charities family resource center focuses on the specific needs of residents living in proximity. Typical community risk factors include poverty, hunger, homelessness, abuse, neglect, poor health, evictions, mental illness, substance abuse and/or family conflict. Services offered include assistance to help pay rent, utilities, and mortgage, food assistance, financial literacy, and housing stability services.                      Phone: 931-563-7770
- **Clothes Our Kids**—clothing for children. Must reach out to school counselor or social worker for information regarding resource.                                      Phone: 931-267-6291

- **Connecting Forward**- Program that works with eligible low-income families to provide in-person support to help address barriers to meeting life goals.  
200 Dover Street Suite 123B, Shelbyville, TN  
Phone: 615-903-2593 ext. 367
- **Department of Human Services Food Stamp Program**— Government assisted resource for food and other basic needs. Hours: 8:00 am – 4:30 pm 905 Madison Street  
Phone: 931-685-5006
- **First Baptist Church** –Food assistance for the community. Monday-Thursday, 8 a.m. to 4 p.m. Call for an appointment. 304 Depot Street, Shelbyville, TN  
Phone: 931-684-1634
- **Gateway Church—Clothing distribution**  
Check Facebook page, GTWY Outreach for updates.  
(Usually Saturday 8:00 am – 10:00 am)  
1250 Madison Street, Shelbyville, TN  
Phone 931-684-2794
- **Good Samaritan Bedford County**—Food distribution center and clothing availability to anyone in need.  
Hours: M-W-F 11:00 am – 3:00 pm.  
201 E. Highland Ave Shelbyville, TN  
Phone: 931-684-8160
- **Homes of Hope of Bedford County**- Caring for families who care for kids. Building a community and offering support to foster families, kinship families, adoptive families, relative caregivers, and guardians. Facilitating monthly social activities for our families at local churches where household essentials are provided. 931-808-8158  
Homes of Hope Care Closet- 931-842-0504



- **The Other Door (Non-Profit Program Under the Community Clinic of Shelbyville and Bedford County)-** A resource center that includes Community Health Workers, family and children’s services, and referrals for medical and dental care. The Other Door offers financial resources for referrals, utilities, and gift cards to be used for basic needs. A computer lab, funded by the Bedford County Broadband Grant, is available for any resident who needs access to a computer and Wi-Fi to research employment opportunities, complete applications, and stay connected with schools and community-based programs. 200 Dover Street- Suite 202, Shelbyville, TN  
 Phone: 931-684-6772
- **Journey of Hope**—Distributes food to those living in poverty every 2nd Friday and Saturday of the month. 3109 Midland-Fosterville Road, Shelbyville, TN  
 Phone: 931-559-2378
- **Police Benevolent Association**—aids citizens victim of violent crimes natural disasters, fire, etc. causing catastrophic injury or illness. Phone: 931-703-0378
- **Scott Chapel United Methodist Church**—provides food boxes monthly. 940 Morton St., Shelbyville, TN  
 Phone: 931-684-2297
- **Shelbyville Community Soup Kitchen**—currently offer home-cooked meals to all who come. Please connect on Facebook or call the phone number below for the most current updates and days and times of food service. In addition to meals, boxed non-perishables are available to those needing them, along with fresh loaves of bread and other sourced food, as available. For additional information call or check our *Facebook* page [Shelbyville Community Soup Kitchen](#)  
 336 S. Cannon Blvd. Phone: 931-735-6122

- **South Central Human Resource Agency-** Helps those in need with paying for utility bills. Please contact the office or online at [www.schra.us](http://www.schra.us) for information regarding eligibility. 301 Colloredo Blvd. Suite B, Shelbyville  
Phone: 931-685-9962
- **Wheel Community Food Pantry**—Serving Bedford and Marshall counties, community churches work with the Second Harvest Food Bank in Nashville TN and provide boxes packed with frozen meat, fresh produce, can goods, pastas, and drinks. 2547 TN-64 Scenic, Shelbyville, TN  
Information Line: 1-888-645-9402

## Children’s Services

- **Bedford County School System Backpack Program**— provides weekend meals to children in the Bedford County School System. Contact the school counselor or principal.
- **Centerstone Early Childhood Services-** Free in-home services for pregnant women 15-44 or families with children under the age of 2. Services include but not limited to childcare coordination, postpartum depression treatment, fatherhood engagement programs, Baby & Me tobacco free program, and family education.  
[www.Centerstone.org/EarlyChildhood](http://www.Centerstone.org/EarlyChildhood)  
604 South Wall St. Shelbyville, TN  
Phone: 931-490-1580
- **Child Find Tennessee** - Child Find is a program available in the state of Tennessee that was put into place to locate, identify, and evaluate children ages 3-22 with disabilities to ensure that they receive services to which they are entitled. Children who are suspected of having a disability can be referred for evaluation at no cost to determine if

they are eligible for special education services. Contact The Bedford County Board of Education, Special Education Department for referral at 931-684-3284, Ext. 2218

- **Dept. of Human Services and Dept. Children’s Services**  
**DHS:** 905 Madison St. Shelbyville, TN 931-685-5006  
**DCS:** 1106 Madison Street, Shelbyville, TN 931-680-6901
- **Early Childhood Services** provided through Centerstone. For more information visit [www.centerstone.org](http://www.centerstone.org) or call 931-490 1580
- **Head Start Programs:**  
Bedford Early Head Start - General contact- 931-685-0876  
Learning Tree Head Start - 2011 S. Cannon Blvd,  
Shelbyville Phone: 931-680-4202  
Head Start (Harris) - 610 Elm St., Shelbyville 931-773-0033  
Head Start (Shelbyville) - 515 Rock St., Shelbyville, TN  
Phone: 931-684-8529  
Head Start (Wartrace) - 112 Bridgeview St., Wartrace, TN  
Phone: 931-389-9406
- **Imagination Library-** Located within Bedford County Public Library, 220 S. Jefferson, Shelbyville Phone: 931-684-7323
- **School Age Care Program (SAPC)** Before and after school aged childcare for K-8<sup>th</sup> grade, 6 am in the morning before school and after school until 6 pm dismissal  
500 Madison St. Shelbyville, TN Phone: 931-684-3285
- **Miss Menza’s Daycare-** Daycare center that enrolls children as young as 6 weeks through 12 years old. Transportation is provided and the center participates in a subsidized childcare program such as TennCare, WIC, etc.

403 Belmont Ave., Shelbyville Phone: 931-684-5252

- **Tennessee Children’s Health Insurance Program (CHIP)**  
Phone: 1-800-318-2596
- **Tennessee Cover Kids- Division of TennCare**—provides dental and medical insurance coverage for children ages birth to 18. Annual renewal required. Call to apply or re-apply  
Phone: 1-855-259-0701
- **TN Voices for Children-** Serves Bedford County and Coffee County and works with families to promote social and emotional health in young children. For referrals or more information contact Andy McDonald 615-626-8611  
Andrew.McDonald@tnvoices.org
- **WIC- Bedford County Health Department**—Provides nutrition services including food vouchers and infant formula to women, infants, and children.  
140 Dover Street. Shelbyville, TN. Phone: 931-684-3426
- **Youth Villages (Columbia)-** Committed to helping troubled children and their families through a variety of services including residential treatment, in-home services, foster care, adoption, group homes, transitional living, specialized crisis services. [www.youthvillages.org](http://www.youthvillages.org)  
115 Dyer St. #1, Columbia, TN Phone: 931-560-4220

## Education Scholarship Programs for TN Residents

- **Tennessee Hope Scholarship**—3.0 HS GPA or 21 ACT composite score or 1060 SAT; for first-year students entering college; within 16 months after graduation; apply for FAFSA after October 1<sup>st</sup>.
- **General Assembly Merit Scholarship**—meet TN Hope guidelines to receive supplement scholarship.

- **Aspire Award**—meet the TN Hope guidelines to receive additional money because of family adjusted income.
- **Wilder-Naifeh Technical Skills Grant**—scholarship for student attending TCAT. Complete requirements for TN Hope.
- **Dual-Enrollment Grant**—awarded to students attending high school to receive college credit. Complete requirements for TN Hope.
- **Middle College Scholarship**—high school juniors and seniors enrolled full-time at a post-secondary institution; complete Middle College application; 3.0 high school GPA at end of sophomore year.
- **Helping Heroes Grant**—awarded to US veterans; former or current reserve or TN National Guard; awarded Iraq Campaign Medal, Afghanistan Campaign Medal, or Global War on Terrorism Expeditionary Medal.
- **Tennessee Promise Scholarship**—TN resident/U.S. Citizen/eligible non-citizen/students who graduate from an eligible high school, homeschool, or earn a GED/HSET prior to 19<sup>th</sup> birthday. Mandatory meetings, mentoring program, and 8 hours of community service prior to each award term. Complete application available in the TSAC Student Portal by November 1; FAFSA by March 1 at [www.fafsa.gov](http://www.fafsa.gov).

## Employment Services

- **American Job Center**- Provides free access to resource rooms which include computers and Internet, telephones, and fax machines. Job seekers can attend on-site recruiting events, workshops on resumé writing, interviewing skills, and job search activities, or pursue more intensive training or certifications for occupations. Scholarships are available for post-secondary job training and education.  
301 Colloredo Blvd, Shelbyville Phone: 931-735-6891

- **Randstad Staffing**—628 Madison Street, Shelbyville, TN  
Phone: 931-684-7758
- **Tyson Employment**—Professional: 1-800-643-3410,  
Driving: 1-800-933-6442, Shelbyville, TN  
[www.tysonfoodscareers.com](http://www.tysonfoodscareers.com)

## Emergency and Disaster Assistance

- **American Red Cross- Heart of Tennessee Location-**  
Dedicated to helping victims of disaster and providing programs and services that help the community prevent, prepare for, and respond to emergencies. Heart of Tennessee Location at 501 Memorial Blvd, Murfreesboro, TN serves Bedford, Cannon, Coffee, DeKalb, Franklin, Lincoln, Marshall, Moore, Rutherford, and Warren Counties in Tennessee. Phone: 615-893-4272

## Family Services and Persons with Disabilities

- **Community Development Center-** Provides support and multiple services to children and adults with disabilities and their families including but not limited to Respite or Sitter Services, Home Modifications, Nutrition/Clothing/Transportation, Financial Assistance, Family Counseling, Occupational Therapy, Developmental Programs, and Employment placement.  
111 Eaglette Way    Shelbyville, TN                      931-684-8681
- **The Center for Family Development-** A nonprofit organization dedicated to helping families by providing/offering a number of programs and resources that complement each other for a holistic approach. For

more information on programs and services available call 1-931-684-4676 or visit [www.mytcf.org](http://www.mytcf.org)  
124 East Side Square, Shelbyville, TN

- **Skills Development Services-** Assists individuals with developmental disabilities navigate through activities of daily living. Residential/day services, personal assistance, and early intervention available. [www.sds-tn.org](http://www.sds-tn.org)  
111 Prince Street, Shelbyville 931-684-6976
- **TNSTEP (Special Education Support for Tennessee Families)-** For more information visit [www.tnstep.info](http://www.tnstep.info) or call 1-423-639-0125

## Financial Crisis Assistance

**Bedford County Neighborhood Service Center (South Central Human Resource Agency)** provides financial assistance for utilities. Call office for eligibility and more information. 301 Colloredo Blvd, Suite B. Shelbyville, TN.

Phone: 931-685-9962

- **Department of Human Services**—Emergency cash for families with children in crisis.  
905 Madison St. Shelbyville, TN Phone: 931-685-5006
- **First Start Program**— TAX ASSISTANCE. This program provides individuals and small businesses struggling to pay their bills an opportunity to have an agreement with the IRS that settles the taxpayer’s tax liabilities for less than the full amount owed. Application process, [Form 656-B, Offer in Compromise Booklet](#) and [Form 656, Offer in Compromise](#), are available on IRS.gov.

- **The Other Door**—utility assistance with a maximum amount of \$250.00 for electric, water, and/or gas for a Bedford County resident. Kroger gift cards available for gas and/or food assistance. Open on Monday-Thursdays from 8 a.m. to 11 a.m.  
200 Dover Street, Suite 202, Shelbyville 931-684-6772

## **General Outpatient Medical, Dental, & Vision Care (for the medically uninsured, TennCare, and/or CoverKids)**

- **Bedford County Health Department**—prenatal care, contraception, STD testing, vaccinations, breast and cervical screening services, primary care  
200 Dover Street, Suite 200, Shelbyville, TN  
Phone: 931-684-3426
- **Community Clinic of Shelbyville and Bedford County**  
(Free medical clinic for uninsured adults)  
200 Dover St., Suite 202, Shelbyville, TN 931-684-6772

**Patient requirements**—adult ages 19-64+ living in BEDFORD COUNTY, low-income (proof of patient income at or below 200% of the Federal Poverty Level—W-2, current taxes, EBT letter, check or paystub), current photo ID, proof of residence (bring a bank, tax document, utility bill, etc.).

**Medical**—Open Tuesday and Thursday 8:30 a.m. to 4 p.m. Men’s Wellness Program last Thursday of the month from 6 p.m.-8 p.m.

**Dental**— CCsBC provides a part-time dentist for dental care on Tuesdays and Thursdays from 8:00 a.m. to 5 p.m. Dental services include: cleanings, consultation, extractions, fillings, X-rays, partials, dentures, tele-dentistry, and emergency dental care.



Also, a partnership with Meharry Medical College School of Dentistry provides a teaching site for fourth-year dental students.

Bedford County residents receive FREE partials and dentures from the Smile 1

Free Dental for ages 3-17 on Tuesdays and Thursdays from 8:30 a.m. to 5:00 p.m.

Dental care is available to the working uninsured or underinsured ages 19-64+ and TennCare is accepted. A dental facility fee is due at time of service and is \$50 for ages 18-64 and \$25 for ages 65+.

- **Vanderbilt Primary Care Madison Street**— Family Health Plus Provider accepts TennCare and CoverKids. Accepts ages 12 years and older. 1401 Madison Street, Shelbyville  
931-685-2025
- **Premier Internal Medicine**—provides health care of adults with TennCare, Medicare, regular health insurance, or cash discounts. 600 South Cannon Blvd., Shelbyville, TN  
Phone: 931-735-6630
- **Primary Care & Hope Clinic**—Child and Family Health Plus Provider accepts TennCare and CoverKids.  
Phones: 931-685-9000 or 615-893-8532
- **Shelbyville Lions Club**- Eye exams and free glasses for eligible children and adults. Availability may vary. 220 Tulip Tree Road, Shelbyville Phone: 1-931-684-7152

## Mental Health Services

- **Branches Counseling Center**—mental health counseling for children and adults. 304 E. Depot St. Shelbyville, TN  
Phone: 931-685-2013
- **Centerstone Counseling Center**—Mental health counseling for children and adults.604 South Wall Street, Shelbyville, TN [www.centerstone.org](http://www.centerstone.org)  
Initial appointment—Phone: 877-467-3123  
Main phone: 888-291-4357 Crisis Line: (800) 681-7444
- **Health Connect America- Shelbyville Regional Office**  
Provides intensive in-home services for children and adolescents, outpatient counseling, medication management, outpatient programs for adults and adolescents with alcohol and drug issues and/or persistent mental health issues. Anger management and drug & alcohol classes offered. Free alcohol and drug assessments. [www.healthconnectamerica.com](http://www.healthconnectamerica.com)  
1612 North Main Street, Suite D, Shelbyville  
Phone: 931-909-0050
- **LifeSource Family Solutions-** A Christian-Focused center that provides comprehensive mental health services to families in Bedford County by addressing physical, emotional, mental and spiritual needs.  
[www.lifesourcesolutions.net](http://www.lifesourcesolutions.net) Phone: 931-212-7227
- **Volunteer Behavioral Health-** Provides core services such as therapy, care management, and psychiatric medication management in addition to a full array of specialized programs to meet the needs of each community.  
First Time Appointments- 1-877-567-6051  
<https://volunteerbehavioralhealth.org/>

## Senior Services

- **Bedford County South Central Neighborhood Service Center**—provides financial assistance for seniors and low-income residents.  
310 Colloredo Blvd, Suite B., Shelbyville, TN  
Phone: 931-488-4480  
[www.LifeSourceSolutions.org](http://www.LifeSourceSolutions.org)
- **Bedford County Senior Citizens Center**—provides support services such as but not limited to meals and transportation for senior citizens.  
**NEW ADDRESS UNAVAILABLE**, Shelbyville, TN  
Phone: 931-684-0019
- **South Central Human Resources-** Financial assistance, meals for the elderly, in-home care and protective measures for elderly. 301 Colloredo Blvd

## Substance Abuse and Addiction

- **Be The Bush Recovery Ministries-** 12-month residential recovery center for individuals (currently only accepting male residents) dealing with life controlling issues associated with substance use/abuse. For more information about the program contact Caleb McCall, Executive Director. 931-222-0010
- **Brooks Healing Center**—provides medical detox, residential treatment, and partial hospitalization. Insurance or uninsured individuals referred.  
1100 Cortner Rd., Normandy, TN Phone: 615-715-8463
- **Cedar Recovery-** Cedar Recovery treats mental health, opioid, and other substance use disorders in our

Shelbyville office, located at 2839 Highway 231 North, Suite 105, Shelbyville, TN 37160 (on the campus of Vanderbilt –Bedford County).

Cedar combines Medication-Assisted Treatment with counseling, peer recovery support, and case management to deliver an integrated model of care for those suffering from substance use disorders. TennCare, Medicare, Medicare Advantage, and Commercial insurance are all accepted, and Cedar has grant funding for those that are uninsured and meet criteria.

Call 931-488-4014 to schedule an appointment. Same day appointments are available.

- **Centerstone-** Mental health and recovery services including counseling and medication intervention/management.  
Initial appointments: 1-877-467-3123  
Main number for Shelbyville location 1-888-291-4357
- **DRUG RESCUE-** Non-profit organization dedicated to **Educate** kids about drugs and drug addiction **Empower** kids to stand up, speak out and SAY NO **Heal** those with addiction by assisting with rehabilitation placement and providing support services for those seeking to escape addiction.  
For more information visit [www.drugrescue.org](http://www.drugrescue.org) or call 931-580-2239
- **DUI Education Centers** —A state certified education program for adults and minors regarding the effects of alcohol and drugs on physical, social, psychological and legal aspects of one’s life. Classes are offered in English

and Spanish. Counseling for substance abuse is also offered. For more information on classes or substance abuse counseling. Phone: 615-355-8960  
135 Capital Way, Christiana, TN

- **Emergency—substance treatment facility.**  
108 East Lauderdale Street, Tullahoma, TN  
Hours: Mon 1pm-5pm; Weds 9am-3pm; Fri 4pm-9pm;  
Sat 9am-2pm. Phone: 931-222-4670
- **LifeSource Family Solutions-** A Christian-Focused center that provides comprehensive mental health services to families in Bedford County by addressing physical, emotional, mental and spiritual needs.

LifeSource provides the **MATCH** program to treat opioid addiction with in the Bedford County Community.

310 Colloredo Blvd. Bldg. B. Shelbyville, TN

**[www.lifesourcesolutions.net](http://www.lifesourcesolutions.net)** Phone: 931-212-7227

- **MRT-(Moral Reconciliation Therapy) Inmate Program—**16-step cognitive based therapy to reduce relapse.  
**[Chris.cook@bedfordcountyttn.gov](mailto:Chris.cook@bedfordcountyttn.gov)**. Phone: 931-703-9223
- **Tony Rice Center—**Substance and alcohol abuse recovery program. For more information:  
Phone: 931-685-0957

## Transportation Services

- **MyRide TN Southeast-** provides transportation to essential appointments for adults ages 60 and older that can walk independently or with a walker or cane. Volunteer drivers are screened through background check and trained to provide door-through-door customized assistance. Rides are affordable and adaptable to the

needs of the rider. Riders must complete a short screening process and application to begin scheduling rides. For more information call 931-684-0019 or 931-703-0286

- **South Central Area Transit Service**—Reservations must be made 24 hours in advance. Services provided Monday-Friday 6 am- 6 pm. Phone: 931-684-0019
- **Community Clinic Transportation Service**—Reservations are made for CCSBC dental and medical patients to receive a FREE ride to and from the clinic for dental and medical appointments. Phone: 931-684-6772

## Women’s Services

- **Blue Monarch**—Blue Monarch provides an 18–24-month program for women struggling with substance abuse that have children in their care. Services provided include counseling, group therapy, residential drug abuse program, parenting classes, child life classes, and Bible studies. For questions or additional information call  
Phone: 931-924-8900
- **First Choice Pregnancy Counseling**—provides various services free of charge. 1102 Madison Street, Shelbyville, TN Phone: 931-680-0066
- **Haven of Hope**— Domestic and Sexual Violence Advocacy Services that includes crisis counseling, safety planning, education, Judicial Advocacy and accompaniment, case management, emergency shelter, and 24/7 Hotline. Shelbyville Office: 931-680-3005  
*Hotline: 1-800-435-7739*

## Youth Programs

- **Boys & Girls Club of Bedford County**—after school program for Bedford County School System students. Scholarships available for after school programs.  
1055 Madison St. Shelbyville, TN 931-735-6525
- **The Care House**—provides safety and welfare for children and teens removed from their homes by TN DCS.  
Phone: 931-224-7060
- **Riverbend Ranch**—Residential home for boys whose families are in crisis. 239 Cortner Road, Normandy, TN  
Phone: 931-857-4000
- **Shelbyville Recreational Center**—programs available for youth. 220 Tulip Tree Road. Shelbyville, TN  
Phone: 931-684-9780
- **Truth and Nails Technology Center**—provides programs for students to receive hands-on training in a shop/classroom setting. A bible-based program with metal, wood, auto repair, and home repair/remodeling skills.  
Phone: 931-680-9555
- **University of Tennessee Extension- Institute of Agriculture**—provides FREE 4-H programs and classes for adults and children.  
2105 Midland Road Shelbyville, TN Phone: 931-684-5971

# NOTES