



SHELBYVILLE AND BEDFORD COUNTY RESOURCE GUIDE

2026-2027



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EMERGENCY CONTACTS



Centerstone 24-hour Crisis Hotline

1-800-681-7444

Available 24/7 to help with mental health crisis situations, suicidal thoughts, and more
604 Wall St Shelbyville, TN 37160

Contact Lifeline

1-800-681-7444

24-hour crisis hotline for problems with suicide, depression, referrals to other agencies

Statewide Human Trafficking Hotline

1-855-558-6484

If you suspect a situation with human trafficking.

National Human Trafficking Hotline

1-888-373-7888

TN Poison Center Hotline

1-800-222-1222

Statewide poison emergency information and resources.

National Drug Helpline

1-888-633-3239

Offers 24/7 drug and alcohol help to those struggling with addiction. They provide information regarding treatment and recovery. drughelpline.org

National Suicide Prevention Lifeline

988

The resources and information for suicide prevention and mental health crisis.

National Suicide and Crisis Lifeline for Veterans

Dial '988' and press '1'

To connect directly with the Veterans Crisis Lifeline which serves our nation's Veterans, service, members, National Guard and Reserve members, and those who support them.

Nationwide Runaway Hotline

1- (800) 786-2929

Haven of Hope- Domestic Abuse Hotline

1-800-435-7739

24-hour crisis hotline for victims of domestic abuse or violence.

24-hour Alcoholics Anonymous Hotline

(English)1-510-839-8900

(Spanish) 510-502-8560

Talk to another recovering alcoholic to get help to stop drinking and connect to support.

Information and Referral Services

211

Provides information for community services, health and disaster information, childcare, senior services, counseling, food, shelter, job services and more in Tennessee. 211.org

Shelbyville Police Department

*****Call 911 if life-threatening emergency*****

For **non-life-threatening issues-**

931-684-3232

Vanderbilt Bedford Hospital

2835 US-231

Shelbyville, TN. 37160

931-685-5433

BEDFORD COUNTY COMMUNITY RESOURCES

Adult Education Resources

- **Adult Learning Center**—Adult Education Resources, GED, Higher Education opportunities.
326 East Depot St., Shelbyville, TN 931-684-8635
- **Middle TN Education Center**—providing postsecondary courses for students and adults. TCAT technology department located at this location.
200 Dover St., Suite J., Shelbyville, TN 931-685-4444
- **Truth and Nails Technology Center**- provides hands-on training in a shop/classroom setting that can carry over into the workplace. A bible-based program with metal, wood, auto repair, and home repair/remodeling classes available. Phone: 931-619-1040
- **Tennessee Vocational Rehabilitation**—Career connection training for special needs adults and high school students.
200 Dover St. Suite 104, Shelbyville, TN 37160
Phone: 931-685-5129 or 1-833-772-8347
- **Drive to 55**—Tennessee program to provide FREE postsecondary education of adults at two-year community colleges (Motlow) and TCAT facilities. Contact information: [email: alliance@driveto55.org](mailto:alliance@driveto55.org) website: Driveto55.org
- **Shelbyville Tennessee of Applied Technology-TCAT**—
1405 Madison St. - Current Address/New Address in 2025-231 US Highway, Shelbyville, TN 37160. 931-685-5013.

Programs include a variety of healthcare and technical programs—HVAC, Industrial Electricity, Farming Technology, Licensed Practical Nursing, Truck Driving, Drafting, etc.

- **Motlow State Community College**— MSCC offers certificates, associate degrees, and flexible learning paths toward a variety of bachelor’s degrees and industry-training programs that lead to high wage and high demand careers. Moore County location, 6015 Ledford Mill Road, Tullahoma, TN 37388. Phone number: Moore County Campus: 931-393-1500 Main Line: 1-800-654-4877
- **Workforce Innovation and Opportunity Act**—An applicant must need training services to re-enter the labor force; live in TN for one year, not already hold an associate or bachelor’s degree, and independent student on the FAFSA.
301 Colloredo Blvd., Shelbyville, TN Phone: 931-735-6891

ANIMAL/PET CARE

- **Middle Tennessee Spay and Neuter Clinic-** A non-profit, high quality, low cost spays and neuter clinic providing low-cost sterilizations of dogs and cats. Appointments are also available for wellness exams, vaccinations, deworming, flea and tick preventative, nail trims, ear cleaning, anal gland expression, heartworm tests, prescriptions for heartworm preventative (with a negative test result) and other non-emergency services.
846 Union Street, Shelbyville Phone: 931-684-5353
www.mtsnc.org

BLESSING BOXES- Service that provides wooden boxes filled with food, beverages, toiletries, etc. that has been donated by various members of the community.

Bell Buckle:
Green Hill Presbyterian Church
1900 Unionville Deason Road

Normandy:
Front St. (on the square)

Anderton Farms
1641 Unionville-Deason Rd

North Folk Baptist Church
1995 Unionville-Deason Rd

Shelbyville:

Bird St. Church of Christ
428 Bird Street

Cannon United Methodist
1001 S. Cannon Blvd.

Castle Ministries (left side building)
206 Madison St.

Eastside Elementary School
421 Elliott Street

Himesville Church of Nazarene
1614 Highway 82 S.

Iglesia Su Grant Alabanza
1222 W. Jackson St

Mama’s House Thrift Shop
803 East Lane Street

Mt. Zion Baptist Church
808 Woodbury Street

New Bethel Baptist Church
1832 Hwy 64 W.

Scott United Methodist
940 Morton St.

Sevier Street First Baptist Church
921 Sevier Street

Southside Church of Christ
108 Narrows Rd

Storage Sense
2210 N. Main St.

Thomas Magnet School
515 Tate Avenue

Victory Baptist Church
2200 North Main St

Whosoever Will Pentecostal C
219 E. Cedar Street

Unionville:

Living Water Church
3383 HWY 41 - A North

Wartrace:

Downtown Wartrace
at the Gazebo

Cascade Middle School
1165 Bell Buckle
Wartrace Road

FOOD/CLOTHING, BASIC NEEDS, FAMILY SERVICES

- **Attic Outlet-** Provides basic needs including food, clothing, and financial assistance for utilities, rent or shelter, and gas for transportation to doctor appointments for residents of Bedford, Coffee, Franklin, and Moore counties.
NOTE: Organization does not pay 100% of the bill, and clients can only receive help once every 3 months.

Community Care Ministries & Food Pantry Hours: Mon - Fri
9:00 am - 12:30 pm

Walk in during food pantry hours or call for appointment for assistance with utility, rent, transportation or gas.

Eligibility: Low-income residents of Bedford, Coffee, Franklin, and Moore counties.

- **Bedford Builds Habitat for Humanity**—Habitat for Humanity is a nonprofit organization that helps families build and improve places called home.
210 S. Main St./ P.O. Box 122 Phone: 931-684-4300
- **Bedford Listening Project**—Program to assist with substandard housing in Bedford County.
Phone: 931-492-9792
- **Bell Buckle Methodist Church**—Free meals served every Wednesday at 6:00 pm.
110 Maple Street Phone: 931-389-6021
- **Bird Street Church of Christ**—provides food assistance for Thanksgiving and Christmas Holidays. Yearly school back-pack program for school aged children. 428 Bird St., Shelbyville, TN
Phone: 931-684-3876

- **Catholic Charities Family Resource Center of Coffee County**— assists individuals and families in need throughout Coffee and Bedford Counties. Services include food pantry support, resources, and long-term case management programs for eligible individuals, and a program to assist pregnant mothers or women with children under age three living in Coffee County. Our mission is to offer compassionate care and promote stability for those facing hardship, regardless of background or faith Phone: 931-563-7770
- **Clothes Our Kids**—clothing for children. Must reach out to school counselor or social worker for information regarding resource. Phone: 931-267-6291
- **Community Outreach Partnership of Bedford County- A** food pantry offering food boxes containing mostly non-perishables with some fresh foods. Also available as it is donated are household goods such as furniture, dishes, kitchen ware, linens, blankets, baby furniture, hospital bed & sometimes appliances. Hours: Tuesday & Thursday from 10am-12 noon. Location: 1005 Belmont Ave, Shelbyville Phone: 931-639-3320
- **Connecting Forward-** Program that works with eligible low-income families to provide in-person support to help address barriers to meeting life goals.
200 Dover Street Suite 123B, Shelbyville, TN
Phone: 615-903-2593 ext. 367
- **Department of Human Services Food Stamp Program**— Government assisted resource for food and other basic needs.
Hours: 8:00 am – 4:30 pm 905 Madison Street
Phone: 931-685-5006
- **First Baptist Church** –Food assistance for the community.
Monday-Thursday, 8 a.m. to 4 p.m. Call for an appointment. 304 Depot Street, Shelbyville, TN Phone: 931-684-1634

- **Good Samaritan Bedford County**—Food distribution center and clothing availability to anyone in need.
Hours: M-W-F 11:00 am – 3:00 pm.
201 E. Highland Ave Shelbyville, TN Phone: 931-684-8160
- **Homes of Hope of Bedford County**- Caring for families who care for kids. Building a community and offering support to foster families, kinship families, adoptive families, relative caregivers, and guardians. Facilitating monthly social activities for our families at local churches where household essentials are provided. Community & Family Engagement: 931-808-8158
Homes of Hope Care Closet- 931-842-0504
- **Journey of Hope**—Distributes food to those living in poverty every 2nd Friday and Saturday of the month. 3109 Midland-Fosterville Road, Shelbyville, TN Phone: 931-559-2378
- **Police Benevolent Association**—aids citizens victim of violent crimes natural disasters, fire, etc. causing catastrophic injury or illness. Phone: 931-703-0378
- **Scott Chapel United Methodist Church**—provides food boxes monthly. 940 Morton St., Shelbyville, TN
Phone: 931-684-2297
- **Shelbyville Community Soup Kitchen**—currently offer home-cooked meals to all who come. Please connect on Facebook or call the phone number below for the most current updates and days and times of food service. In addition to meals, boxed non-perishables are available to those needing them, along with fresh loaves of bread and other sourced food, as available. Meals are available on Monday, Tuesday, Thursday, Friday, and Sunday. For additional information call or check our *Facebook* page [Shelbyville Community Soup Kitchen](#)
336 S. Cannon Blvd. Phone: 931-735-6122

- **Sleep In Heavenly Peace-** A nonprofit organization that provides twin-size beds, mattresses and linens for children ages 3-17 who are sleeping in unwanted conditions such as the floor or sofa. To qualify as a bed recipient, you must be the legal guardian of the child or children ages 3-17 years old receiving the bed, or a referral from a school, Social Service, family or other local agency. 844 New Hope Road, Shelbyville
Phone: 1-844-432-5827 Email : madeline.fontenot@shpbeds.org
- **South Central Human Resource Agency-** Helps those in need with paying for utility bills. Please contact the office or online at www.schra.us for information regarding eligibility. 301 Coloredo Blvd. Suite B, Shelbyville Phone: 931-685-9962
- **Wheel Community Food Pantry**—Serving Bedford and Marshall counties, community churches work with the Second Harvest Food Bank in Nashville TN and provide boxes packed with frozen meat, fresh produce, can goods, pastas, and drinks. 2547 TN-64 Scenic, Shelbyville, TN Information Line: 1-888-645-9402

Children’s Services

- **Bedford County School System Backpack Program**—provides weekend meals to children in the Bedford County School System. Contact the school counselor or principal.
- **Centerstone Early Childhood Services-** Free in-home services for pregnant women 15-44 or families with children under the age of 2. Services include but not limited to childcare coordination, postpartum depression treatment, fatherhood engagement programs, Baby & Me tobacco free program, and family education. www.Centerstone.org/EarlyChildhood
604 South Wall St. Shelbyville, TN
Phone: 931-490-1580
- **Child Find Tennessee** - Child Find is a program available in the state of Tennessee that was put into place to locate, identify, and

evaluate children ages 3-22 with disabilities to ensure that they receive services to which they are entitled. Children who are suspected of having a disability can be referred for evaluation at no cost to determine if they are eligible for special education services. Contact The Bedford County Board of Education, Special Education Department for referral at 931-684-3284, Ext. 2218

- **Dept. of Human Services and Dept. Children’s Services**
DHS: 905 Madison St. Shelbyville, TN 931-685-5006
DCS: 1106 Madison Street, Shelbyville, TN 931-680-6901
- **Early Childhood Services** provided through Centerstone. For more information visit www.centerstone.org or call 931-490-1580
- **Head Start Programs:**
 - Bedford Early Head Start - General contact- 931-685-0876
 - Learning Tree Head Start - 2011 S. Cannon Blvd,
Shelbyville Phone: 931-680-4202
 - Head Start (Harris) - 610 Elm St., Shelbyville 931-773-0033
 - Head Start (Shelbyville) - 515 Rock St., Shelbyville, TN
Phone: 931-684-8529
 - Head Start (Wartrace) - 112 Bridgeview St., Wartrace, TN
Phone: 931-389-9406
- **Imagination Library-** Located within Bedford County Public Library, 220 S. Jefferson, Shelbyville Phone: 931-684-7323
- **School Age Care Program (SAPC)** Before and after school aged childcare for K-8th grade, 6 am in the morning before school and after school until 6 pm dismissal
500 Madison St. Shelbyville, TN Phone: 931-684-3285
- **Miss Menza’s Daycare-** Daycare center that enrolls children as young as 6 weeks through 12 years old.

Transportation is provided and the center participates in a subsidized childcare program such as TennCare, WIC, etc.
403 Belmont Ave., Shelbyville Phone: 931-684-5252

- **Tennessee Children’s Health Insurance Program (CHIP)**
Phone: 1-800-318-2596
- **Tennessee Cover Kids- Division of TennCare**—provides dental and medical insurance coverage for children ages birth to 18. Annual renewal required. Call to apply or re-apply
Phone: 1-855-259-0701
- **TN Voices for Children-** Serves Bedford County and Coffee County and works with families to promote social and emotional health in young children. For referrals or more information contact Andy McDonald 615-626-8611 Andrew.McDonald@tnvoices.org
- **WIC- Bedford County Health Department**—Provides nutrition services including food vouchers and infant formula to women, infants, and children.
140 Dover Street. Shelbyville, TN. Phone: 931-684-3426
- **Youth Villages (Columbia)-** Committed to helping troubled children and their families through a variety of services including residential treatment, in-home services, foster care, adoption, group homes, transitional living, specialized crisis services.
www.youthvillages.org
115 Dyer St. #1, Columbia, TN Phone: 931-560-4220

Education Scholarship Programs for TN Residents

- **Tennessee Hope Scholarship**—3.0 HS GPA or 21 ACT composite score or 1060 SAT; for first-year students entering college; within 16 months after graduation; apply for FAFSA after October 1st.
- **General Assembly Merit Scholarship**—meet TN Hope guidelines to receive supplement scholarship.

- **Aspire Award**—meet the TN Hope guidelines to receive additional money because of family adjusted income.
- **Wilder-Naifeh Technical Skills Grant**—scholarship for student attending TCAT. Complete requirements for TN Hope.
- **Dual-Enrollment Grant**—awarded to students attending high school to receive college credit. Complete requirements for TN Hope.
- **Middle College Scholarship**—high school juniors and seniors enrolled full-time at a post-secondary institution; complete Middle College application; 3.0 high school GPA at end of sophomore year.
- **Helping Heroes Grant**—awarded to US veterans; former or current reserve or TN National Guard; awarded Iraq Campaign Medal, Afghanistan Campaign Medal, or Global War on Terrorism Expeditionary Medal.
- **Tennessee Promise Scholarship**—TN resident/U.S. Citizen/eligible non-citizen/students who graduate from an eligible high school, homeschool, or earn a GED/HSET prior to 19th birthday. Mandatory meetings, mentoring program, and 8 hours of community service prior to each award term. Complete application available in the TSAC Student Portal by November 1; FAFSA by March 1 at www.fafsa.gov.

Employment Services

- **American Job Center**- Provides free access to resource rooms which include computers and Internet, telephones, and fax machines. Job seekers can attend on-site recruiting events, workshops on resumé writing, interviewing skills, and job search activities, or pursue more intensive training or certifications for occupations. Scholarships are available for post-secondary job training and education.
301 Colloredo Blvd, Shelbyville Phone: 931-735-6891
- **Randstad Staffing**—628 Madison Street, Shelbyville, TN
Phone: 931-684-7758

- **Tyson Employment**—Professional: 1-800-643-3410, Driving: 1-800-933-6442, Shelbyville, TN
www.tysonfoodscareers.com

Emergency and Disaster Assistance

*******See the front page of this resource guide for emergency contacts*******

- **American Red Cross- Heart of Tennessee Location-** Dedicated to helping victims of disaster and providing programs and services that help the community prevent, prepare for, and respond to emergencies. Heart of Tennessee Location at 501 Memorial Blvd, Murfreesboro, TN serves Bedford, Cannon, Coffee, DeKalb, Franklin, Lincoln, Marshall, Moore, Rutherford, and Warren Counties in Tennessee. Phone: 615-893-4272

Family Services and Persons with Disabilities

- **Community Development Center-** Provides support and multiple services to children and adults with disabilities and their families including but not limited to Respite or Sitter Services, Home Modifications, Nutrition/Clothing/Transportation, Financial Assistance, Family Counseling, Occupational Therapy, Developmental Programs, and Employment placement.
111 Eaglette Way Shelbyville, TN 931-684-8681
- **The Center for Family Development-** A nonprofit organization dedicated to helping families by providing/offering a number of programs and resources that complement each other for a holistic approach. For more information on programs and services available call 1-931-684-4676 or visit www.mytcfd.org
124 East Side Square, Shelbyville, TN
- **Homes of Hope of Bedford County-** Caring for families who care for kids. Building a community and offering support to foster

families, kinship families, adoptive families, relative caregivers, and guardians. Facilitating monthly social activities for our families at local churches where household essentials are provided.

Community & Family Engagement: 931-808-8158

Homes of Hope Care Closet: 615-274-1675

- **Skills Development Services-** Assists individuals with developmental disabilities navigate through activities of daily living. Residential/day services, personal assistance, and early intervention available. www.sds-tn.org
111 Prince Street, Shelbyville 931-684-6976
- **TNSTEP (Special Education Support for Tennessee Families)-** For more information visit www.tnstep.info or call 1-423-639-0125

Financial Assistance

Bedford County Neighborhood Service Center (South Central Human Resource Agency) provides financial assistance for utilities. Call office for eligibility and more information. 301 Colloredo Blvd, Suite B. Shelbyville, TN.

Phone: 931-685-9962

- **Department of Human Services**—Emergency cash for families with children in crisis.
905 Madison St. Shelbyville, TN Phone: 931-685-5006
- **First Start Program**— TAX ASSISTANCE. This program provides individuals and small businesses struggling to pay their bills an opportunity to have an agreement with the IRS that settles the taxpayer’s tax liabilities for less than the full amount owed. Application process, [Form 656-B, Offer in Compromise Booklet](#) and [Form 656, Offer in Compromise](#), are available on IRS.gov.

- **The Other Door-** Provides financial assistance to pay for utilities for qualifying **Bedford County residents**. Qualifications to receive financial assistance include: living in BEDFORD COUNTY, low-income status (proof of individual income at or below 200% of the Federal Poverty Level—W-2, current taxes, EBT letter, check or paystub), current photo ID, proof of residence (bank statement, tax document, utility bill (in the name of the resident), etc.).

The Other Door provides a maximum of \$150.00 every three (3) months for gas, utilities, or water payments. A copy of the utility bill is required before payment is processed. The Other Door does not pay for rent, rental deposits, or mortgages.

The Other Door also provides Kroger gift cards for individuals needing gas and/or food assistance and these are limited amount per household every three (3) months.

The Other Door is located at 200 Dover Street, Suite 202, Shelbyville. Open on Tuesdays and Thursdays from 8 a.m. to 5 p.m.

General Outpatient Medical, Dental, & Vision Care (for the medically uninsured, TennCare, and/or CoverKids)

- **Bedford County Health Department**—prenatal care, contraception, STD testing, vaccinations, breast and cervical screening services, primary care
200 Dover Street, Suite 200, Shelbyville, TN 931-684-3426
- **Community Clinic of Shelbyville and Bedford County, Inc.**
(dental and medical clinic for the low-income and uninsured)
200 Dover St., Suite 202, Shelbyville, TN 931-684-6772

Medical Patient Requirements—adult ages 19-64 living in BEDFORD COUNTY, low-income (proof of patient income at or below 200% of the Federal Poverty Level—W-2, current taxes, EBT

letter, check or paystub), current photo ID, proof of residence (bring a bank, tax document, utility bill, etc.).

Medical—Open Tuesday and Thursday 8:30 a.m. to 4 p.m. Men’s Wellness Program last Thursday of the month from 6 p.m.-8 p.m.

Dental Patient Requirements— adults ages 19-64+ living in BEDFORD COUNTY, , low-income (proof of patient income at or below 200% of the Federal Poverty Level—W-2, current taxes, EBT letter, check or paystub), current photo ID, proof of residence (bring a bank, tax document, utility bill, etc.). TennCare patients are required to bring their TennCare card to the appointment/registration.

CCsBC provides a part-time dentist for dental care on Tuesdays and Thursdays from 8:00 a.m. to 5 p.m. for 4-64. Dental services include: cleanings, consultation, extractions, fillings, X-rays, partials, dentures, tele-dentistry, and emergency dental care. Free dental for ages 3-17 on Tuesday and Thursdays from 8:30 a.m. to 5:00 p.m.

Also, a partnership with Meharry Medical College School of Dentistry provides a teaching site for fourth-year dental students.

MMCSoD provides TennCare dental for children and adults. Dental services include: cleanings, consultation, extractions, fillings, X-rays, partials, dentures, tele-dentistry, and emergency dental care.

Bedford County adult residents receive FREE partials and dentures from the Smile 65+ Program. Dental care is available to the working uninsured or TennCare dental for children and adults ages 3-90+.

A dental facility fee is due at time of service and is \$50 for ages 18-64 and \$25 for ages 65+. There is no charge for TennCare patients and children.

- **Vanderbilt Primary Care Madison Street**— Family Health Plus Provider accepts TennCare and CoverKids. Accepts ages 12 years and older. 1401 Madison Street, Shelbyville 931-685-2025
- **Premier Internal Medicine**—provides health care of adults with TennCare, Medicare, regular health insurance, or cash discounts. 600 South Cannon Blvd., Shelbyville, TN 931-735-6630
- **Primary Care & Hope Clinic**—Child and Family Health Plus Provider accept TennCare and CoverKids. Phones: 931-685-9000 or 615-893-8532
- **Shelbyville Lions Club**- Eye exams and free glasses for eligible children and adults. Availability may vary. 220 Tulip Tree Road, Shelbyville Phone: 1-931-684-7152

Mental Health Services

- **Branches Counseling Center**—mental health counseling for children and adults. 304 E. Depot St. Shelbyville, TN
Phone: 931-685-2013
- **Centerstone Counseling Center**—Mental health counseling for children and adults. 604 South Wall Street, Shelbyville, TN
www.centerstone.org
Initial appointment—Phone: 877-467-3123
Main phone: 888-291-4357 Crisis Line: (800) 681-7444
- **Health Connect America- Shelbyville Regional Office** Provides intensive in-home services for children and adolescents, outpatient counseling, medication management, outpatient programs for adults and adolescents with alcohol and drug issues and/or persistent mental health issues. Anger management and

drug & alcohol classes offered. Free alcohol and drug assessments. www.healthconnectamerica.com 1612 North Main Street, Suite D, Shelbyville Phone: 931-909-0050

- **LifeSource Family Solutions-** A Christian-Focused center that provides comprehensive mental health services to families in Bedford County by addressing physical, emotional, mental and spiritual needs.
www.lifesourcesolutions.net Phone: 931-212-7227
- **Volunteer Behavioral Health-** Volunteer Behavioral Health offers comprehensive Substance Use Treatment and Recovery Services, which includes: 24/7 Walk-in Centers, Crisis Stabilization Units, detoxification, medication-assisted treatment (MAT), outpatient counseling, medication management, intensive outpatient programs (IOP), and peer support. For referrals, contact 1-877-567-6051 <https://volunteerbehavioralhealth.org/>

Senior Services

- **Bedford County South Central Neighborhood Service Center—** provides financial assistance for seniors and low-income residents. 310 Colloredo Blvd, Suite B., Shelbyville, TN Phone: 931-488-4480 www.LifeSourceSolutions.org.
- **Bedford County Senior Citizens Center—**provides support services such as but not limited to meals and transportation for senior citizens. Phone: 931-684-0019
- **South Central Human Resources-** Financial assistance, meals for the elderly, in-home care and protective measures for elderly. 301 Colloredo Blvd.
- **Truth and Nails Technology Center “Helping Hands Program”-** Helps with basic Home/Auto repair services. Examples of services

include (but not limited to) changing lightbulbs, installing handrails, repairing/replacing dripping faucets, changing AC filters, and basic auto repairs. Wheelchair ramps can be built when needed and they have a very limited wheelchair ramp loaner program available. For more information call 931-619-1040.

Substance Abuse and Addiction

- **Be The Bush Recovery Ministries-** 12-month residential recovery center for individuals (currently only accepting male residents) dealing with life controlling issues associated with substance use/abuse. For more information about the program contact Caleb McCall, Executive Director. 931-222-0010
- **Brooks Healing Center**—provides medical detox, residential treatment, and partial hospitalization. Insurance or uninsured individuals referred.
1100 Cortner Rd., Normandy, TN Phone: (931) 740-1087

Cedar Recovery- Cedar Recovery treats mental health, opioid, and other substance use disorders in our Shelbyville office, located at 2839 Highway 231 North, Suite 105, Shelbyville, TN 37160 (on the campus of Vanderbilt – Bedford County).

Cedar combines Medication-Assisted Treatment with counseling, peer recovery support, and case management to deliver an integrated model of care for those suffering from substance use disorders. TennCare, Medicare, Medicare Advantage, and Commercial insurance are all accepted, and Cedar has grant funding for those that are uninsured and meet criteria.

Call 931-488-4014 to schedule an appointment. Same day appointments are available.

- **Centerstone-** Mental health and recovery services including

counseling and medication intervention/management.

Initial appointments: 1-877-467-3123

Main number for Shelbyville location 1-888-291-4357

- **DRUG RESCUE-** Non-profit organization dedicated to **Educate** kids about drugs and drug addiction
Empower kids to stand up, speak out and SAY NO
Heal those with addiction by assisting with rehabilitation placement and providing support services for those seeking to escape addiction.
For more information visit www.drugrescue.org or call
931-580-2239
- **DUI Education Centers** —A state certified education program for adults and minors regarding the effects of alcohol and drugs on physical, social, psychological and legal aspects of one’s life. Classes are offered in English and Spanish. Counseling for substance abuse is also offered. For more information on classes or substance abuse counseling. Phone: 615-355-8960 135 Capital Way, Christiana, TN
- **Emergency—substance treatment facility.**
108 East Lauderdale Street, Tullahoma, TN
Hours: Mon 1pm-5pm; Weds 9am-3pm; Fri 4pm-9pm;
Sat 9am-2pm. Phone: 931-222-4670
- **LifeSource Family Solutions-** A Christian-Focused center that provides comprehensive mental health services to families in Bedford County by addressing physical, emotional, mental and spiritual needs.

LifeSource provides the **MATTCH** program to treat opioid addiction with in the Bedford County Community.

310 Colloredo Blvd. Bldg. B. Shelbyville, TN

www.lifesourcesolutions.net Phone: 931-212-7227

- **MRT-(Moral Reonation Therapy) Inmate Program**—16-step cognitive based therapy to reduce relapse.

Chris.cook@bedfordcountyttn.gov. Phone: 931-703-9223

- **Tony Rice Center**— Tony Rice Center is a long-standing recovery program dedicated to helping individuals break free from addiction and reclaim their lives. Since 1990, we’ve provided compassionate, structured care that supports healing, personal growth, and lasting recovery. We offer residential treatment for men, outpatient services for men and women, assessments, DUI School, Anger Management, Specialized Presentations, and more. Our team believes in “loving people who are learning to fully love themselves,” and we’re proud to be a reliable resource for individuals, families, and communities in Bedford County and across Tennessee. TonyRiceCenter.org

Main Office: [931-685-0957](tel:931-685-0957)

Admissions: [931-492-4206](tel:931-492-4206)

- **Volunteer Behavioral Health**- Volunteer Behavioral Health offers comprehensive Substance Use Treatment and Recovery Services, which includes: 24/7 Walk-in Centers, Crisis Stabilization Units, detoxification, medication-assisted treatment (MAT), outpatient counseling, medication management, intensive outpatient programs (IOP), and peer support. For referrals, contact [1-877-567-6051](tel:1-877-567-6051) <https://volunteerbehavioralhealth.org/>

Transportation Services

- **MyRide TN Southeast**- provides transportation to essential appointments for adults ages 60 and older that can walk independently or with a walker or cane. Volunteer drivers are screened through background check and trained to provide door-through-door customized assistance. Rides are affordable and adaptable to the needs of the rider. Riders must complete a short screening process and application to begin scheduling rides. For more information call 931-684-0019 or 931-703-0286

- **South Central Area Transit Service**—Reservations must be made 24 hours in advance. Services provided Monday-Friday 6 am- 6 pm. Phone: 931-684-0019
- **Community Clinic Transportation Service**—Reservations are made for CCSBC dental and medical patients to receive a FREE ride to and from the clinic for dental and medical appointments. Phone: 931-684-6772

Women’s Services

- **A Step Ahead of Middle TN:** Provides Free long-acting reversible birth control for anyone in middle TN regardless of insurance or income. Contraception consultations include a well woman exam with a pap test and STI testing if the patient desires. Free transportation to and from all related appointments.
astepaheadmiddletn.org 615.671.7837
- **Blue Monarch**—Blue Monarch provides an 18–24-month program for women struggling with substance abuse that have children in their care. Services provided include counseling, group therapy, residential drug abuse program, parenting classes, child life classes, and Bible studies. For questions or additional information call Phone: 931-924-8900
- **First Choice Pregnancy Counseling**—provides various services free of charge. 1102 Madison Street, Shelbyville, TN Phone: 931-680-0066
- **Haven of Hope**— Domestic and Sexual Violence Advocacy Services that includes crisis counseling, safety planning, education, Judicial Advocacy and accompaniment, case management, emergency shelter, and 24/7 Hotline. Shelbyville Office: 931-680-3005

Hotline: 1-800-435-7739

Youth Programs

- **Boys & Girls Club of Bedford County**—after school program for Bedford County School System students. Scholarships available for after school programs.
1055 Madison St. Shelbyville, TN 931-735-6525
- **The Care House**—provides safety and welfare for children and teens removed from their homes by TN DCS.
Phone: 931-224-7060
- **Shelbyville Recreational Center**—programs available for youth.
220 Tulip Tree Road. Shelbyville, TN
Phone: 931-684-9780
- **Truth and Nails Technology Center**—provides programs for students to receive hands-on training in a shop/classroom setting. A bible-based program with metal, wood, auto repair, and home repair/remodeling skills. Phone: 931-619-1040
- **University of Tennessee Extension- Institute of Agriculture**—provides FREE 4-H programs and classes for adults and children.
2105 Midland Road Shelbyville, TN Phone: 931-684-5971